



KSA 25-26 | Spring Season Programming

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Competitive Freestyle	3:30-5:30pm	3:15-5:15pm			4:00-5:00pm	6:00-8:00am 9:00-10:00am	
Aspire Freestyle	6:00-9:00am 1:15-3:15pm	6:00-9:00am 1:00-3:00pm 2:40-5:10pm	6:00-8:00am 1:00-3:00pm 3:15-5:15pm	6:00-9:00am 1:00-3:00pm 3:15-5:15pm	6:00-8:00am 8:15-10:15am 1:45-3:45pm 5:00-6:00pm	6:00-8:00am	
Open Freestyle		4:15-5:15pm	4:05-5:05pm				6:00-7:00am
Adult Collegiate Freestyle	1:45-2:45pm			2:45-3:45pm	1:30-2:30pm		
On-Ice Group Class	5:30-5:50pm Stroking/Edge	5:15-5:30pm Jump	8:00-8:30am Adult Edge 5:15-5:30pm Stretch/Style	5:15-5:30pm Power		8:00-8:15am Spin 8:30-9:00am Youth Edge	7:00-8:00am Ice Dance 8:00-9:30am Synchro
Off-Ice Group Class		5:40-6:30pm Ballet	8:05-8:35am Youth Jump 5:40-6:30pm Stretch	5:40-6:30pm Harness/Training		8:20-8:50am Adult Off-Ice 10:15-11:05am Youth Off-Ice	