

Saturday, June 21st						
	Starbucks Rink 1	Smartsheet Rink 2	VMFH Rink 3	MPR	Vestibule	Anchor Room
7:45 AM	ice cut		ice cut			7:45 AM
8:00 AM	Junior	ice cut	Senior			8:00 AM
8:15 AM	Jumps On-Ice	Excel	Edges Stroking		Aspire	8:15 AM
8:30 AM	Video	Jumps		Adult	Off ice DWU	8:30 AM
8:45 AM	Instructor: Darin Hosier	Instructors: Scott Davis Sofia Inthalaksa	Instructors: Ikaika Young	Off Ice Pilates	Instructors: Kellie McNulty / Heather Collick	8:45 AM
9:00 AM	ice cut	Natalie Thompson	ice cut	Instructor: Steph Davis		9:00 AM
9:15 AM	Senior	ice cut	Aspire			9:15 AM
9:30 AM	Jumps On-Ice	Adult	Edges Stroking	Junior		9:30 AM
9:45 AM	Video	Spins Skating Skills Jumps	Instructors: Ikaika Young	Off Ice Pilates	Excel	9:45 AM
10:00 AM	Instructor: Darin Hosier	Instructors: Scott Davis Julie Draney	Sofia Inthalaksa	Instructor: Steph Davis	Off Ice DWU	10:00 AM
10:15 AM	ice cut	Natalie Thompson	ice cut		Instructors: Kellie McNulty / Heather Collick	10:15 AM
10:30 AM	Aspire	ice cut	Junior			10:30 AM
10:45 AM	Jumps On-Ice	Excel	Edges Stroking			10:45 AM
11:00 AM	Instructors: Scott Davis / Darin Hosier	Spins	Instructors: Ikaika Young	Senior		11:00 AM
11:15 AM	Chad Goodwin	Instructors: Natalie Thompson Kellie McNulty	Sofia Inthalaksa	Off Ice Pilates		11:15 AM
11:30 AM	ice cut	Heather Collick Julie Draney	ice cut	Instructor: Steph Davis		11:30 AM
11:45 AM	Adult	ice cut			LUNCH BREAK	Coaches Corner Scoth Davis Chad Goodwin
12:00 PM	Edges Stroking			LTS/EE		11:45 AM
12:15 PM				Off-Ice: Heather/Bella		12:00 PM
12:30 PM	Instructors: Ikaika Young					12:15 PM
12:45 PM	ice cut					12:30 PM
1:00 PM	LTS/EE					12:45 PM
1:15 PM	Instructors: Heather Collick					1:00 PM
1:30 PM	Bella Bergeron / Brock H.					1:15 PM
1:45 PM		ice cut				1:30 PM
2:00 PM	ice cut		ice cut			1:45 PM
2:15 PM	Junior	Excel	Adult	Aspire	Senior	2:00 PM
2:30 PM	Jumps Spins	Edges Stroking	Jumps Skating Skills Spins	Off Ice Dance (50min)	Off Ice	2:15 PM
2:45 PM	Instructors: Scott Davis Sofia Inthalaksa	Instructors: Heather Collick	Instructors: Heather Collick	2:15 (50min)	Intructors: Kellie McNulty	2:30 PM
3:00 PM	Natalie Thompson	Instructors: Ikaika Young	Bella Bergeron	Instructors: Matreya Teichrow		2:45 PM
3:15 PM	ice cut	ice cut	ice cut			3:00 PM
3:30 PM	Senior		Aspire	Excel	Junior Off Ice	3:15 PM
3:45 PM	Jumps Spins		Jumps Spins	Off Ice Dance (50min)	Off Ice DWU	3:30 PM
4:00 PM			Instructors: Natalie Thompson	3:30 (50min)	Intructors: Kellie McNulty / Heather Collick	3:45 PM
4:15 PM	Instructors: Scott Davis Sofia Inthalaksa		Chad Goodwin / Bella Bergeron	Instructors: Matreya Teichrow		4:00 PM
4:30 PM	ice cut		ice cut			4:15 PM
4:45 PM	Aspire & Excel		Junior & Senior			4:30 PM
5:00 PM	Team Building		Team Building			4:45 PM
5:15 PM						5:00 PM
5:30 PM	Instructors: Heather, Natalie, Bella, Brock H		Instructors: Chad, Sofia, Kellie			5:15 PM
5:45 PM	ice cut		ice cut			5:30 PM
6:00 PM						5:45 PM
6:15 PM						6:00 PM
						6:15 PM