

KSA 25-26 | Adult 8-week Session Class Options | Session 1

Mondays

Adult Emerald Edge

6:05- 7:40pm

30 minute Off-Ice Class

50 Minute On-Ice Class

Deep Sea #5-6

Pre-freeskate - FS #6



Tuesdays

Adult Learn to Skate

9:45 - 10:30am

15 Minute Freeskate

30 Minute on-Ice Class

Deep Sea #1-6

Power Skating #1-2

FitSkate

10:30 - 11:00am

All levels welcome

Adult Learn to Skate

6:45 - 7:15pm

Deep Sea #1-3

Power Skating #1

Adult Learn to Skate

7:15 - 7:45pm

Deep Sea #4-6

Power Skating #2

Wednesdays

Adult Emerald Edge

8:45 - 9:45am

60 minute On-Ice Class

Deep Sea #4-6

Pre-freeskate - FS #6

Thursdays

Adult Learn to Skate

9:45 - 10:30am

15 Minute Freeskate

30 Minute on-Ice Class

Deep Sea #1-6

Power Skating #1-2

FitSkate

10:30 - 11:00am

All levels welcome

